



# COMPETITION INFO PACKAGE

*Version 1 (01/27/23)*

**ONTARIO**   
**ARTISTIC**   
**SWIMMING**



## 01 GENERAL INFORMATION

|                       |   |
|-----------------------|---|
| <b>Event Dates</b>    | Thursday, February 23, 2023 - Sunday, February 26, 2023   |
| <b>Entry Deadline</b> | Thursday February 9, 2022   |
| <b>Venue</b>          | Markham Pan Am Centre<br>16 Main St Unionville<br>Unionville, ON L3R 2E4  |
| <b>Host Club</b>      | Remix Artistic Swimming Club  |
| <b>Meet Manager</b>   | <a href="#">Shari Armstrong</a>   |
| <b>OAS Contact</b>    | <a href="#">Lauren Lindner</a>  |
| <b>Events</b>         | <p><b>10U</b> – Figures, Duet, Mixed Duet, Team</p> <p><b>11-12</b> – Figures, Solo, Male Solo, Duet, Mixed Duet, Team</p> <p><b>Youth (13-15)</b> – Figures, Solo, Male Solo, Duet, Mixed Duet, Team</p> <p><b>Junior</b> – Solo Technical, Solo Free, Male Solo Technical, Male Solo Free, Duet Technical, Duet Free, Mixed Duet Technical, Mixed Duet Free, Team Technical, Team Free</p> <p><b>Senior</b> – Solo Technical, Solo Free, Male Solo Technical, Male Solo Free, Duet Technical, Duet Free, Mixed Duet Technical, Mixed Duet Free, Team Technical, Team Free</p> <p><b>Open</b> – Free Combination, Acrobatic (Highlight) Routine</p> <p><b>Adapted</b> – Figures, Technical Elements, Solo, Duet, Team</p> <p><b>Mixed Ability</b> – Duet, Team</p> |
| <b>Rules</b>          | This competition will be held under Ontario Artistic Swimming Rules.  |
| <b>Byes</b>           | Byes will only be granted to individual swimmers on a medical or compassionate basis. To request a bye, <a href="#">click here</a> .  |



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| <b>Scratches</b>                | <p>Scratches may be submitted digitally until the start of the competition. To submit a scratch, <a href="#">click here</a>.</p> <p>Once the competition has begun, scratches must be made on deck at the scoring table.</p>   |
| <b>Figure Draws</b>             | <p><b>10U and 11-12 athletes</b> will compete two (2) figures at this event. These figures will be comprised of one (1) compulsory figure, and one (1) optional group figure drawn at random.</p> <p><b>Adapted athletes</b> will compete two (2) figures at this event, comprised of one group drawn at random. One group will be selected for all Adapted levels.</p> <p><b>Youth (13-15) athletes</b> will compete two (2) figures at this event, following new <a href="#">World Aquatics 2022-2025 Rulebook</a> procedure (found on page 5). The figure section (A, B or C) shall be drawn first, then the order of appearance shall be drawn. The athlete draw list will be divided into two equal groups - 1 and 2. One of the two figure groups of the drawn section will be assigned by lot to each athlete group (1 and 2).</p> <p>The event will run as two panels on the pool deck.</p> <p>Figure draws will be done on <b>February 9, 2023</b>.</p> |
| <b>Coaching Card Submission</b> | <p>Submission of Coach Cards will be <b>mandatory</b> for this event. Coach Cards will be used to generate technical routine elements order for judges, and in ongoing testing of the new scoring system. Failure to submit Coach Cards by the deadline will result in a \$50 fine per routine. Coach Cards may be changed up to 2 hours before an event, provided a complete submission was already made prior to the deadline. Any Coach Card changes <b>MUST</b> be communicated to the Chief Referee.</p> <p>Following registration, an OAS-owned Dropbox folder will be shared with each club to submit coaching cards. The deadline to submit coaching cards is <b>February 9, 2023</b>.</p>   |

## 02 REGISTRATION, FEES & PAYMENTS

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| <b>Gelling</b>        | This will be a gelling meet.   |
| <b>Pool Size</b>      | <b>Competition Pool:</b> 25m x 10 lanes x 2.5m deep<br><b>Warmup Pool:</b> 25m x 10 lanes x 2.5m deep  |
| <b>Facility Rooms</b> | <b>Meeting Room A</b> has been booked for on-site gelling.<br><br><b>Multipurpose Rooms 1 and 2</b> have been booked for athlete and coach use during the competition. |

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| <b>Entry Deadline</b>               | Thursday, February 9, 2022  |
| <b>Entry Submission Information</b> | Each club must submit their Excel registration booklet which includes a routine and figure entry list, invoice cost calculation and ISS-compatible athlete registration spreadsheet.<br><br>Registrars will receive full instructions for completing their registration booklet by email.   |
| <b>Entry Fees</b>                   | Figures ..... \$37.00 per athlete<br>Solo ..... \$45.00 per routine<br>Duet ..... \$70.00 per routine<br>Team ..... \$120.00 per routine<br>Combo / Acrobatic Routine ..... \$140.00 per routine  |
| <b>Athlete Fee</b>                  | The athlete fee is \$25.00 per athlete. This amount will be added to each club's invoice.   |
| <b>Payment Options</b>              | Entry payments must be received by Ontario Artistic Swimming no later than 10 days following the registration deadline.<br><br>Payments can be received through two methods:<br><br><b>1. Electronic Fund Transfers can be sent to</b><br>oaspayments@ontarioartisticswimming.ca<br><br><b>2. Authorized Club Credit Cards or Personal Credit Cards</b><br>To coordinate, please call Sue Marnica-Wall at 416-679-9522 (ext. 221) |



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| <b>Late Entries</b> | <p>Club entry packages which are not received or incomplete upon the stated deadline is automatically subject to a late fine of \$25.00 per routine. This fine must be paid to the OAS office (for Ontario competitions) or to the Chief Referee/designate at the coaches meeting prior to the competition. Routines whose fines are not paid will be disqualified from the event.</p> <p>For Ontario sanctioned competitions, late entries or corrections to incomplete entries will be accepted beyond two weeks prior to the event start date, but will be subject to the following fines:</p> <p><b>2 weeks (14 days) prior to first event of the competition:</b><br/>\$50.00 per correction (to a maximum of \$500.00 per Club)<br/>Fines apply per figure event and/or per routine per event.</p> <p><b>Within 24 hours of the first event of the competition:</b><br/>\$100.00 per correction (to a maximum of \$500.00 per Club)<br/>Fines apply per figure event and/or per routine per event.</p> |
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## 03 MUSIC SUBMISSION

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| <b>Music Submission Deadline</b> | Routine music files must be received one week prior to the start of the competition, by <b>Thursday, February 16, 2023.</b>   |
| <b>File Format</b>               | <p>Digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps.</p> <p>Coaches are asked to review each digital file for quality, timing and completeness. Please ensure that volume is consistent throughout all cuts of music.</p> |
| <b>Dropbox Access</b>            | <p>To avoid issues of Dropbox storage space, OAS will request music files from each coach be submitted into an OAS-owned Dropbox folder.</p> <p>Head coaches will receive access to the submission folder via email following registration.</p>   |

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| <p><b>Labelling Conventions</b></p>   | <p>Music files must be labelled with the following information, separated by underscores with NO blank spaces (underscores are acceptable).</p> <ol style="list-style-type: none"> <li><b>1. Category</b></li> <li><b>2. Event Name</b></li> <li><b>3. Club Call Letters</b></li> <li><b>4. Athlete Last Name</b></li> </ol> <p>For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order</p> <p><b>For example:</b><br/>         Junior_SoloTech_WRASC_Smith.mp3<br/>         10U_Duet_LRASC_Jones-Chen.mp3<br/>         Youth_Team_IGNT_Bryant.mp3</p> |
| <p><b>Metadata &amp; ID3 Tags</b></p> | <p>Metadata (also known as ID3 tags for MP3 files) is information (such as title, artist, album, genre etc.) that is stored inside the song file.</p> <p>This is often different from the name of the file itself. In order to avoid confusion at the competition music table, we ask coaches to ensure that the title of the song file, and the ID3 tag title of the song file are the same.</p> <p>For instructions on changing ID3 tags, <a href="#">click here</a> for Windows and <a href="#">click here</a> for iTunes.</p>   |

## 06 AWARDS

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| <p><b>Figure Events</b></p>                                       | <p>OAS single ribbons will be awarded to the top six ranked athletes in each category. In the case of exhibition athletes ranked in the top six, duplicate awards will be given.</p> |
| <p><b>10U, 11-12, Youth &amp; Adapted: Routine Score</b></p>      | <p>OAS single ribbons will be awarded to the top six routine scores in all 10U, 11-12, Youth and Adapted Routine events.</p>   |
| <p><b>10U, 11-12, Youth &amp; Adapted: Championship Score</b></p> | <p>OAS Medals (rank 1-3) and OAS Double Ribbons (rank 4-6) will be awarded to the top six championship scores in all 10U, 11-12, Youth and Adapted Routine events.</p>               |



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| <b>Junior &amp; Senior Technical &amp; Free Routines</b> | OAS Medals (rank 1-3) and OAS Double Ribbons (rank 4-6) will be awarded to the top six scores in all Junior and Senior Technical and Free events. |
| <b>Combo &amp; Acrobatic Routines</b>                    | OAS Medals (rank 1-3) and OAS Double Ribbons (rank 4-6) will be awarded to the top six scores in Combo & Acrobatic Routine events.                |
| <b>Mixed Ability Events</b>                              | OAS Medals (rank 1-3) and OAS Double Ribbons (rank 4-6) will be awarded to the top six scores in Mixed Abilities Team and Duet events.            |

## 06 QUALIFYING PROCEDURE: ONTARIO OPEN CHAMPIONSHIPS

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| <b>Applicable Events</b> | The Ontario Championship Qualifying Procedure applies to 10U, 11-12 Youth, Junior and Senior age Duets and Solos.   |
| <b>Quota Information</b> | <p>Quotas will be based on proportional representation based on the number of entries from each region (Central, East, North and West) at the routine qualification event (Hilton).</p> <p>A total of 15 duet/trio and 15 solo entries in each age group will be eligible to advance to Ontario Open Championships.</p> |
| <b>Qualifying Scores</b> | <p>Qualifying scores will be championship scores composed of the following (worth 50% each):</p> <ol style="list-style-type: none"> <li>1) Figure score from the Leslie Taylor Ontario Cup; and</li> <li>2) Routine score from the Artistic Swimming Hilton Invitational.</li> </ol>                                    |
| <b>2023 Eligibility</b>  | Any duets and solos that compete at National Qualifier are NOT eligible for Ontario Open Championships. This is because all duets and solos at National Qualifier will be eligible for CAS National Championships this season.  |



## 07 COMMUNICATION & MEDIA

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| <b>Email Policy</b>      | Entry and registration correspondence as required will be done through email using registrar contact information.   |
| <b>Communications</b>    | Meet packages and relevant information will be distributed by email through the OAS Communications account.<br><br>Competition information, schedules and results will also be made available on the <a href="#">OAS website</a> and on the Sportity app.   |
| <b>Sportity</b>          | The Sportity App is used to store meet information packages, schedules, publish results and other pertinent information throughout the competition.<br><br>The password for this event is: <b>LeslieTaylor2023</b><br><br>The Sportity app can be downloaded from the <a href="#">App Store</a> or from <a href="#">Google Play</a> . |
| <b>Event Photography</b> | Gerson Photography will be working with OAS for the 2022-2023 season as our OAS official photographers. Photos will be available for viewing and purchase on the Gerson Photography <a href="#">website</a> following the event.<br><br>During events, flash photography is prohibited.   |
| <b>Streaming</b>         | Competition events will be streamed live on the <a href="#">OAS Facebook page</a> .<br><br>Please note that, occasionally, streams may be blocked by copyright detectors. Streaming will return as soon as possible in these instances.   |

## 08 ACCESSIBILITY

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| <b>Accommodation Requests</b>    | Accommodation requests may be submitted for Athletes, Coaches, Officials or Volunteers in need of additional support at any OAS sanctioned competition. To submit a request, <a href="#">click here</a> . |
| <b>Accessibility Coordinator</b> | The accessibility coordinator for this meet will be <a href="#">Sarah Kamal</a> .   |



## PREFERRED HOTELS

### DID YOU KNOW THAT BOOKING INTO THE COMPETITION RECOMMENDED HOTELS ACTUALLY MAKES A HUGE DIFFERENCE?

- It provides a competitive rate to participating teams
- It supports overall competition costs
- It helps negotiate more services with hotels who are able to service youth sports teams
- Being able to prove the high economic impact that our competitions have on a host city and tourism boards offers more grant opportunities and increases host city interest in future years!

Using the recommended hotels is a gesture of solidarity towards the organizers of the competition and, at the same time, it goes a long way towards helping the sustainability of our provincial competition system. **We are counting on you!**

### HOTEL INFORMATION

| Hotel                                 | Hilton Toronto/<br>Markham Suites        | Best Western                               | Sheraton Parkway                           |
|---------------------------------------|--|--|--|
| Address                               | 8500 Warden Ave.,<br>Markham, ON L6G 1A5 | 600 Hwy 7,<br>Richmond Hill, ON L4B 1B2    | 600 Hwy 7,<br>Richmond Hill, ON L4B 1B2    |
| Contact Info                          | (905) 470-8500                           | (905) 882-3101                             | (905) 882-3101                             |
| Booking Reference                     | OAS                                      | OAS  | OAS  |
| Proposed Rates<br>(Not Including Tax) | QQ - \$165.00+tx<br>King - \$155.00+tx   | QQ - \$139.0+tx<br>+ Amenity Fee*: \$10+tx | QQ - \$149.0+tx<br>+ Amenity Fee*: \$10+tx |
| Parking                               | Included                                 | Included                                   | Included                                   |
| Breakfast                             | Not Included                             | \$5 Credit w Amenity Fee                   | \$5 Credit w Amenity Fee                   |
| Distance to Pool                      | 3 km                                     | 7.8 km                                     | 7.5 km                                     |
| Booking Deadline                      | January 25, 2023                         | January 20, 2023                           |  |

\*Amenity Fee includes WiFi, parking, fitness centre access + fitness classes + \$5 food&beverage credit valid at a F&B outlet (no alcohol)

Please note that it is the Club's responsibility to book their own accommodations. Clubs & competitors attending are invited to choose a hotel from the list below.

## SAFESPORT POLICIES & PROCEDURES

### **Everyone in Artistic Swimming Has the Right to Enjoy Our Sport.**

Ontario Artistic Swimming (OAS) believes that everyone in the sport has the right to enjoy the sport at whatever level or position they participate. Athletes, coaches, officials, and volunteers have the right to participate in a safe, welcoming, and inclusive training and competition environment that is free of discrimination and all forms of maltreatment including abuse, bullying, harassment, and neglect.

Only OAS registered athletes, certified coaches, officials, OAS employees or individuals under contract with OAS, and authorized volunteers or facility personnel are allowed on deck at competitions.

All participants in OAS sanctioned competitions are reminded that they are bound by Canada Artistic Swimming (CAS) and OAS policies, including but not limited to the CAS Safe and Welcoming Sport Policy Suite that includes the CAS Conduct Policy, Discipline and Complaint Policy and Procedure, and Discrimination, Harassment and Maltreatment Policy. For more information on CAS and OAS Policies or Safe Sport please visit the OAS website.

If you have been a victim of or witness to discrimination or maltreatment, please connect with the support services set out below.

### **SupportZone**

SupportZone has been created to act as a safe and welcoming space where individuals including athletes, parents, coaches, officials, and volunteers can share and ask questions about issues including discrimination and all forms of maltreatment. Callers will be welcomed by a certified leadership coach who will work together with you to determine what additional support you might need including providing information on possible next steps and additional support services and resources.

### **OAS Safe Sport Officer**

OAS has enlisted the services of Brian Ward of W&W Dispute Resolution Services to act as an independent third-party Safe Sport Officer. Complaints related to safe sport should be directed to Brian Ward who will guide you through the complaints process. His team includes female investigators and provides support services in both official languages. To send an email, [click here](#).

### **Concussion Management**

The CAS Concussion Policy and Appendix 2 to the CAS Concussion Policy that sets out additional responsibilities and companion Protocols are in effect at all OAS sanctioned events and activities. The Protocols outline the removal-from-sport and return-to-sport procedures. Clubs and coaches must ensure athletes and their parents, as appropriate, are aware of these procedures.



A copy of the CRT5 must be kept on deck and available to coaches and officials at all OAS sanctioned competitions. The removal removal-from-sport and return-to-sport Protocols will be implemented for all instances of concussion injury.

Any incident resulting in a significant impact to the head, face, neck, or body of any registered participant at any OAS sanctioned event or activity where concussion symptoms are present must be reported to OAS within 72 hours of the incident or injury taking place using the [OAS Injury Report Form](#).

## **The Rule of Two**

The goal of the Rule of Two is to ensure all interactions and communications are open, observable, and justifiable. Its purpose is to protect participants, especially minors, and coaches in potentially vulnerable situations by ensuring more than one adult is present. This means avoiding situations where a coach, official or other non-related adult might be alone with a minor athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

## **Event Photography & Videography**

In order to minimize risk, all photographs and video taken at OAS sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in locker rooms, bathrooms, or any other dressing area.

Only individuals that have received OAS authorization to record the competition, in any manner or in any medium, shall be granted access to the designated deck area and permission to do so. All individuals granted access to the deck are bound by CAS and OAS policies, including but not limited to the CAS Conduct Policy and CAS Screening Policy.